



1353 North Ave. Burlington, VT **802-865-2888** SofiasPizzaVT.com

Open daily for delivery, take-out, or eat in.

*Free Delivery
in Burlington.*

(Minimum \$15)



Appetizers

Mozzarella Sticks \$5.99
Mozzarella cheese, breaded and fried.

Fresh Garlic Knots \$4.99
Served with marinara sauce.

Buffalo Wings
Mild, medium, hot, voodoo, BBQ, or garlic. Served with ranch or blue cheese.

10 wings \$7.99
20 wings \$14.99
30 wings \$27.99
40 wings \$29.99
50 wings \$35.99

Breadsticks \$4.99
Served with marinara sauce.
Add cheese 99¢

Oven-Roasted Jalapeño Poppers \$5.99
A healthier version of the traditionally deep-fried poppers. Filled with cheese and served with marinara sauce.

Salads

Choose any dressing:
Greek, balsamic, caesar, ranch, blue cheese or Italian.

Three Color \$6.99
Romaine lettuce, tomatoes, feta, sliced avocado. Recommended with olive oil and balsamic vinaigrette.

Spinach Salad \$5.99
Fresh spinach, romaine lettuce, walnuts & fresh parmigiano cheese.
Add grilled chicken \$1.99

Mediterranean \$6.99
Romaine lettuce, cucumbers, feta, olives, green peppers & red onion.
Add grilled chicken \$1.99

Caesar Salad \$4.99
Romaine lettuce, croutons & pecorino romano & parmesan.
Add grilled chicken \$1.99

We also cater!
Call us to cater your event.

Pizza

Gluten-Free Cheese \$8.99

Cheese Pizza
Medium \$9.99 Large \$11.99

Create Your Own Pizza
Medium \$12.99 Large \$15.99
Pick any two toppings.
Additional toppings \$1.99 each

Veggie Toppings:
Green peppers, red peppers, black olives, mushrooms, broccoli, onions, eggplant, artichokes, tomatoes, spinach & basil.

Meat Toppings:
Grilled chicken, chicken parm, ground beef, meatballs, ham, pepperoni, sausage & bacon.

Veggie Pizza

Artichoke (Best Seller)
Medium \$15.99 Large \$18.99
Mozzarella, olive oil, fresh garlic, provolone, spinach & parmigiano.

Margharita
Medium \$15.99 Large \$18.99
Red sauce, mozzarella, tomato & basil.

Pesto Veggie
Medium \$15.99 Large \$18.99
Fresh pesto, green peppers, tomato, mushrooms & mozzarella.

Corn Pizza
Medium \$13.99 Large \$16.99
Alfredo sauce, cheese, corn, red onion & parsley.

Meat Pizza

New Yorker (Best Seller)
Medium \$15.99 Large \$18.99
Red sauce, mozzarella, ricotta, fresh garlic, pepperoni, sausage & oregano.

Meat Lovers'
Medium \$15.99 Large \$18.99
Red sauce, mozzarella, sausage, bacon, pepperoni & ham.

Buffalo Chicken
Medium \$13.99 Large \$16.99
Red sauce and hot sauce, mozzarella & grilled chicken.

BBQ Chicken
Medium \$15.99 Large \$16.99
Red sauce, mozzarella, BBQ chicken & red onion.

Mixed Pizza

Americano (Best Seller)
Medium \$15.99 Large \$18.99
Red sauce, mozzarella, mushroom, onion, black olives, green peppers, sausage, bacon & pepperoni.

Cal Italia
Medium \$15.99 Large \$18.99
Olive oil, fresh garlic, mozzarella, red pepper, prosciutto, gorgonzola cheese & balsamic reduction.

Four Cheese
Medium \$15.99 Large \$18.99
Red sauce, mozzarella, ricotta, parmigiano, gorgonzola, red pepper flakes, oregano & fresh garlic.

Mediterranean
Medium \$15.99 Large \$18.99
Red sauce, mozzarella, feta, green peppers, mushrooms, tomato, chicken & fresh garlic.

Calzones & Stromboli

Create Your Own \$7.99
Pick any three ingredients from pizza toppings to put in your calzone or stromboli.
Additional ingredients 75¢ each

Meat Lovers' \$8.99
Mozzarella cheese, ham, bacon, pepperoni & sausage.

Garden Vegetable \$7.99
Mozzarella, green peppers, tomatoes, olives, mushrooms & onions.

Brooklyn \$8.99
Mozzarella cheese, pecorino romano, chopped garlic, spinach & basil.

Manhattan \$8.99
Mozzarella cheese, pecorino romano, chopped garlic & meatballs.

Turn menu over for pasta, wraps, Sandwiches and more.



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Pasta

Served with a side salad & house garlic bread.

Spaghetti & Meatballs \$8.99

Spaghetti & Sausage \$8.99

Baked Ziti \$8.99

Lasagna \$8.99

Chicken Parmesan \$8.99

Eggplant Parmesan \$8.99

Pasta Alfredo \$8.99

Chicken Broccoli Alfredo \$9.99

From the Grill

Toppings: ketchup, mayo, lettuce, tomato, pickles, mozzarella, provolone, American or cheddar cheese.

Hamburger \$3.99

Cheeseburger \$4.99

Bacon Cheeseburger \$5.99

Grilled Chicken \$6.99

Philly Cheese Steak \$7.99

BLT \$6.99

Grilled Ham and Cheese \$3.99

Add fries \$1.99

Wraps

Buffalo Chicken Wrap \$5.99

Grilled chicken, romaine lettuce, tomatoes, blue cheese & mozzarella cheese.

Pesto Chicken Wrap \$5.99

Grilled chicken, mushrooms, tomatoes & mozzarella cheese.

Chicken, Bacon,

Ranch Wrap \$5.99

Grilled chicken, bacon, romaine lettuce, mozzarella cheese & ranch dressing.

Chicken Caesar Wrap \$5.99

Fresh grilled chicken, lettuce, mozzarella & caesar.

Caprese Wrap \$5.99

Fresh mozzarella, tomato, oregano & fresh pesto.

Sandwiches

Served on house bread with potato chips.

Prosciutto \$7.99

Prosciutto, fresh mozzarella, lettuce & tomato.

Meatball Parmesan \$7.99

Green peppers, onions & provolone.

Chicken Parmesan \$7.99

Lettuce, tomato, red onion & provolone.

Eggplant Parmesan \$7.99

Lettuce, tomato, red onion & provolone.

Caprese Sandwich \$7.99

Fresh mozzarella, tomato, oregano & fresh pesto.

*Ask about our soup of the day
and homemade desserts.*